



Head Trainer – Position Description

Reports To: Secretary

Position Purpose

The Head Trainer is responsible for overseeing the delivery of safe, professional and consistent sports training and first aid services across the Club. The role ensures that player welfare, injury management and return-to-play practices align with Club policies, league regulations and recognised best practice. The Head Trainer provides leadership to trainers and first aid personnel and plays a critical role in supporting a safe and positive football environment for all players.

Key Responsibilities

Player Welfare & Safety

- Provide appropriate injury assessment, first aid, and on-field support during training sessions and match days.
- Monitor player wellbeing and manage injuries in accordance with Club and league protocols.
- Ensure concussion management and return-to-play processes are followed.

Training & Match Day Coverage

- Coordinate and oversee trainer coverage for all teams during training and match days.
- Ensure any and all injuries are communicated to Secretary / VP & President inline with constitution
- Ensure appropriate medical equipment and supplies are available, maintained and ready for use.
- Support coaches and team managers in planning safe training environments.

Leadership & Supervision

- Lead, support and mentor assistant trainers and first aid volunteers.
- Ensure all trainers hold appropriate qualifications and maintain required certifications.
- Provide guidance on injury management, taping, hydration and recovery practices.

Policies, Compliance & Reporting

- Ensure compliance with Club policies, league requirements and AFL / junior football medical guidelines.
- Maintain accurate injury records and incident reports where required.
- Assist the Committee with risk management, safety planning, and player welfare initiatives.

Communication & Collaboration

- Communicate clearly and professionally with players, parents/guardians, coaches and team managers regarding injuries and recovery processes..
- Escalate serious injuries or welfare concerns to the Secretary as required.

Key Relationships

- Club Committee.
- Football Operations.
- Coaches and Team Managers.
- Players and Parents/Guardians.
- Assistant Trainers and First Aid Volunteers.
- League and Medical Representatives.

Skills and Attributes

- Appropriate sports trainer / first aid qualifications (or willingness to obtain).
- Strong understanding of injury management, concussion protocols, and player welfare.
- Calm, confident, and professional under pressure.
- Strong communication and leadership skills.
- Organised, reliable, and safety-focused.
- Committed to child safety, inclusion, and best practice care.